

Africa Healing Exchange Trade Mission Tour Logistics

Logistics

We will provide guidance as you prepare for the trip, including cultural training, recommended vaccinations, suggested reading and viewing, options for airfare and booking, and items to pack. When the departure gets closer, we will provide a detailed itinerary, including recommended lodging, an overview of our selected in-country transportation, and groups we will be visiting. You will need to allow for approximately two weeks to participate in this trip, although we may accommodate a shorter trip time depending on the circumstances.

Costs and Fees

The estimated cost to participate in the twelve day Trade Mission Tour varies and includes round-trip airfare (you will book that – consider frequent flier miles to get your price down), basic vaccinations (your choice, we can recommend), lodging (mid-range), food, in-country transportation, basic excursions, and a service fee to support AHE leadership. Side trips including the Virunga Mountain Gorilla trek is additional.

	Estimated Expenses for Spring 2015 Trip.	
Airfare (roundtrip) USA-Rwanda	\$1,400	Ranges from \$1,000 from D.C. to \$1,800 from Asheville; suggested use of frequent flier miles (most major airlines fly to Kigali via affiliate airlines such as Qatar, Ethiopian, Brussels, KLM)
Flight Insurance	\$100	Optional but recommended
Immunizations and Medications	\$400	\$140 Malarone; \$110 Typhoid
AHE Service Fee	\$1,000/\$3,000	\$1,000 for volunteers/\$3,000 for guests
Airport transit Rwanda	\$40	\$20 one way from airport to hotel
Cultural Excursions		Optional: Gorilla trek (\$750) Akagera Game Park (\$40) Nungwe Forest (\$80) plus transport approximately \$100/day.
Per Diem in Rwanda	\$1,020	12 days * \$85/day
Supplies for travel		Toiletries, vitamins, snacks, adapter, quick-dry towel, etc.
MedEx Insurance	\$36	Approximately \$3/day evacuation insurance
Airtime		If you want a phone in-country; texting as for tablet and Skype preferred
Other in-country travel		Flight to Lake Kivu is \$150 roundtrip.

Creative Fundraising Options

AHE wants this opportunity to be accessible to everyone, regardless of financial ability. Please consider the following options in order to raise the necessary funds to support your trip:

Contact local organizations and businesses for sponsorship

For example, many Rotary Club chapters will support your international experience if you contact them and give a short presentation before and after your volunteer project. Come up with a list of how a local company could benefit from supporting your trip. Could you give presentations when you return?

Ask your friends and family to donate for a worthy cause

Sometimes all you have to do is ask! Check out our form letter that you can tweak to personalize and send off to friends and family within the hour. Rely on your community to support your ambitions and be sure to send them pictures and stories when you return. Also consider setting up an online crowd funder such as GoFundMe.com and CrowdRise.com.

Set up a matching donor system

Find a family member or organization that might match the dollar amount you raise from others! This is a great way to show initiative and double the impact of small donations from other friends and family.

Organize a fundraising event

Get creative and consider an event that works for you and will appeal to your community.

Application and Deadlines

We appreciate your enthusiasm and interest! In order to qualify for this opportunity in 2015, we ask that you send to us a letter that outlines why you are passionate about the work of AHE and how you feel you might contribute and benefit, including how you might share with others to make a long-lasting impact after you return home. Please include the following information and return by March 25, 2015.

1. Skills, talents, knowledge, experience that you might contribute to the communities we will be visiting in Rwanda
2. Primary interest and how you hope to benefit from the trip
3. Examples of cultural sensitivity you have shown in past experience
4. Ways that you would prepare for the trip
5. Methods for sharing about your experience once you return home

Please send your letter in a word document attachment via email to: sara@africahealingexchange.org.